



GIG[®] Order Form

31214 124th Ave SE, Auburn, WA 98092-3667

Telephone: 253-833-6655 Fax: 253-833-6675

Email: info@gluten.net

Websites: www.gluten.net www.gfco.org www.glutenfreerestaurants.org

Membership Application on Page 3

Printed Materials

	<u>Publication(s):</u>	<u>Quantity</u>	<u>\$ Total</u>
<p><i>Included in Patient Packet(s) And New Member Packet(s)</i></p>	GIG [®] Diet Instruction:	_____ @ \$5.00 Each	_____
<p><i>The Hospital Guide is a must for persons with CD and DH anticipating a hospital stay. Guide includes explicit instructions for hospital dietitians.</i></p>	Hospital Guide:	_____ @ \$15.00 Each	_____
<p><i>Article Reprints are available for \$7.50 each. Check here for Newsletter Index.</i></p>	Index for Newsletter Use Magazine Index to Identify Reprint Requests:	_____ @ _____	No Charge
<p><i>Packet includes: Resource Guide for Celiac Disease (CD) or Dermatitis Herpetiformis (DH), GIG[®] Diet Instruction, Bread Recipes, and a copy of GIG[®] Newsletter.)</i></p>	<u>Patient Packet(s):</u>		
	Celiac Disease	_____ @ \$12.50 Each	_____
	Dermatitis Herpetiformis	_____ @ \$12.50 Each	_____
<p><i>Guide is Included in Patient Packet(s)</i></p>	<u>Resource Guide(s):</u>		
	Celiac Disease	_____ @ \$5.00 Each	_____
	Dermatitis Herpetiformis:	_____ @ \$5.00 Each	_____

Printed Materials Total \$ _____

Enter Total in Remittance Summary on Page 4

Put a window Cling Sticker on your vehicle or house window



Wear a Cap or

Carry a Duffle Bag

Floating Ice Chest

All With a GIG Logo

Help Promote Celiac Awareness:

Celiac Awareness Cling Sticker	_____ @ \$1.00 Each	_____
Ball Caps (One Size with adjustment)	_____ @ \$13.00 Each	_____
Colors –Teal <input type="checkbox"/> Green <input type="checkbox"/> Stone <input type="checkbox"/>		
Duffle Bags (23" x 11")	_____ @ \$25.00 Each	_____
Colors – with Black Contrasts:		
Black <input type="checkbox"/> Royal Blue <input type="checkbox"/> Forest Green <input type="checkbox"/> Red <input type="checkbox"/>		
Big Bobber (Floating Cooler holds 2 6-packs)	_____ @ \$28.50 Each	_____

Awareness Total \$ _____

Enter Total in Remittance Summary on Page 4

Wallet Aids:

The **QRIC** is a Guide to make shopping easier.

Quick Reference Ingredient Card (QRIC): (Plastic) _____ @ \$1.50 Each _____

The **Restaurant Card** is an aid to help the chef/server assist you in your menu selections. The **Tips** are helpful hints to make your restaurant experiences easier.

Restaurant Card (Plastic) with Tips: English _____ @ \$1.50 Each _____

Foreign Language Restaurant Guide(s): (Paper Only) _____ @ No Charge

Wallet Aids Total \$ _____
Enter Total in Remittance Summary on Page 4

Books

Author:
Shelly Case

Gluten-Free Diet – A Comprehensive Special Resource Guide Revised and Expanded Edition _____ @ \$19.95 Each _____

Author:
Peter H.R. Greene, M.D and Rory Jones

New Special **1. Celiac Disease A Hidden Epidemic** _____ @ \$19.95 Each _____

Author:
Danna Korn

1. Wheat-Free Worry-Free – The Art of Happy, Healthy, Gluten-Free Living _____ @ \$13.00 Each _____

Author:
Theresa Willingham

1. Food Allergy Field Guide – A Lifestyle for Families _____ @ \$17.95 Each _____

Books Total \$ _____
Enter Total in Remittance Summary on Page 4

Bookmarks:

4 Handy Summaries at your fingertips designed by Cookbook Author **Carol Fenster**, for baking with:

Alternative Sweeteners _____ @ \$1.50 Each _____

Dairy Substitutes _____ @ \$1.50 Each _____

Egg Substitutes _____ @ \$1.50 Each _____

Wheat-Free Flours _____ @ \$1.50 Each _____

Set of 4 _____ @ \$5.00 per Set _____

Bookmarks Total \$ _____
Enter Total in Remittance Summary on Page 4

Cookbooks:

**Author:
Bette Hagman**

- | | <i>Quantity</i> | <i>\$ Total</i> |
|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------|
| 1. Gluten Free Gourmet Living Well Without Wheat
– 40 NEW Recipes, 90 Updated/Revised Recipes, And
Updated Medical Information | _____ @ | \$15.95 Each _____ |
| 2. More From the Gluten Free Gourmet | _____ @ | \$15.95 Each _____ |
| 3. G/F Gourmet Cooks Fast and Healthy | _____ @ | \$15.95 Each _____ |
| 4. G/F Gourmet Bakes Bread | _____ @ | \$15.95 Each _____ |
| 5. G/F Gourmet Makes Dessert – More than 200
Wheat-Free Recipes for Cakes, Cookies, Pies, & Other Sweets | _____ @ | \$15.95 Each _____ |
| 6. G/F Gourmet Cooks Comfort Food – More than
200 Recipes for Creating Old Favorites with New Flours | _____ @ | \$14.95 Each _____ |

**Author:
Carol Fenster**

- | | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--------------------|
| 1. Wheat-Free Recipes and Menus: Delicious Dining Without Wheat or Gluten | _____ @ | \$15.95 Each _____ |
| <i>Special</i> 2. Gluten-Free Celebrations: Memorable Meals without Wheat
<i>No longer published. Available while supply lasts.</i> | _____ @ | \$16.95 Each _____ |
| <i>Special</i> 3. Gluten-Free 101: Easy, Basic Dishes Without Wheat | _____ @ | \$16.95 Each _____ |
| <i>New</i> 4. Gluten-Free Quick & Easy – From Prep to Plate Without the Fuss – 200+ Flavorful Recipes for People With Food Sensitivities | _____ @ | \$16.95 Each _____ |
| <i>New Special</i> 5. 1,000 Gluten-Free Recipes – Bountiful Breakfasts, Marvelous Breads and Muffins, Satisfying Appetizers, Salads, Soups, and Sandwiches, Tasty Pastas, Grains, and Beans, Delicious Main Courses, Irresistible Desserts | _____ @ | \$25.95 Each _____ |

**Author:
Jeanne Basye**

- | | | |
|------------------------------------------|---------|--------------------|
| <i>New</i> 1. Gluten-Free Cookies | _____ @ | \$15.00 Each _____ |
|------------------------------------------|---------|--------------------|

Cookbooks Total \$ _____
Enter Total in Remittance Summary on Page 4

***GIG is a 501(c)(3) federally recognized non-profit organization**

All donations and \$27.00 (USA) of membership dues are tax deductible with revenues being used for education, outreach, counseling, and research.

GIG has many Volunteer Opportunities.

Please check any of the following that you are interested in doing.
We will send you more information about these volunteer opportunities.

___ Talk with newly diagnosed persons in my area. (C) ___ Work on local publicity efforts for GIG. (P)

___ Work in the National Office in Seattle. (O) ___ Volunteer for the National Office. (V)

GIG® Membership

New members receive a membership packet, including a subscription for one (1) year to the GIG Quarterly Magazine, a Quick Reference Ingredient Card useful when shopping, as well as discounts on programs and a wealth of other helpful information.

Enter Membership name and address in 'Ship To' entry on Page 4

- | | | |
|-----------------------------------|---------|--------------------|
| USA Residents | _____ @ | \$35.00 Each _____ |
| Canada or Mexico Residents | _____ @ | \$50.00 Each _____ |
| Other Countries | _____ @ | \$60.00 Each _____ |

Membership Total \$ _____

Remittance Summary

Enter \$ totals from previous section(s) below

Printed Materials	(Page 1)	a) _____	
Awareness Products	(Page 1)	b) _____	
Wallet Aids	(Page 2)	c) _____	
Books	(Page 2)	d) _____	
Bookmarks	(Page 3)	e) _____	
Cookbooks	(Page 3)	f) _____	
Subtotal (a thru f)		g) _____	
Add POSTAGE and HANDLING		h) _____	
from chart at right			
Subtotal (g and h)		i) _____	
Washington State Residents (Sales Tax		j) _____	
Required at 9.5% times Subtotal)			
Membership*	(Page 3)	k) _____	
Order Total (i, j, and k)		_____	
DONATION*		_____	
GRAND TOTAL \$		_____	

<i>Office Use Only</i>
2-03-418
2-03-419
2-03-418
2-03-418
2-03-418
2-03-418
2-03-411
3-09-409
2-02-405

Postage and Handling
Postage charges apply to U.S. destinations only.
Packages over 5 pounds may incur a higher postage rate.
\$ 3.00 & Under .. \$2.25 3.01 - 5.00 . . . 3.75 5.01 - 10.00 . . . 5.25 10.01 - 20.00 . . . 6.75 20.01 - 40.00 . . . 9.00 40.01 - 60.00 . . . 11.25 60.01 - 80.00 . . . 12.00 80.01 - 100.00 . . . 15.00 Over \$100.00 .. \$16.50
<i>Office Use Only</i>
N ___ Send NL # _____
R ___ NL Code _____
Renewal Code _____
Date Mailed _____
Clerk Initials _____
Do Ak _____
EIC _____
Name _____
Amount _____
AV _____

Payment Method: Must be in **US FUNDS** Check No. _____, Visa ____, M/C ____ CVC Code _____

Only Visa or M/C No. _____ Expiration Date: _____

Signature: _____

Please fill in form clearly. Complete address is required with Street, Avenue, Road, Apartment, etc. (as applicable).

Ship To / Membership Name: _____

Address: _____

City: _____ State: _____ ZIP: _____ - _____

Add 4-digits to zip code

Phone: (____) _____ E-mail: _____

_____ I am opting to receive electronic communications from GIG. I understand I may opt out at any time.

Our Mailing and E-mail Lists are Confidential! THANK YOU!!

Send order and payment to: **Gluten Intolerance Group® (GIG®)** Telephone: 253-833-6655 Fax: 253-833-6675
31214 124th Ave SE Email: info@gluten.net
Auburn, WA 98092-3667

Websites: www.gluten.net; www.gfco.org; www.gffoodservice.org; www.glutenfreerestaurants.org; www.tagsatgig.org

All prices are subject to change without notice. Prices will be honored for 3 months from date on Order Form at left.